

TRAF FORD

BRUNCH MENU

(GF) CAN BE PREPARED GLUTEN FREE. PLEASE NOTIFY YOUR SERVER.

SOUPS

New England Clam Chowder - Soup du Jour
CUP 3.75 BOWL 5.75 CUP 3.5 BOWL 5

BREAKFAST SALADS

Breakfast Salad (GF)

ARUGULA - CRISPY PROSCIUTTO - AVOCADO - TOMATO - GOAT CHEESE - POACHED EGGS
11

Quinoa Fruit Salad (GF)

WHITE QUINOA - STRAWBERRIES - MELON - BLUEBERRIES - MANGO - RASPBERRY YOGURT
10

Waldorf Salad (GF)

FUJI APPLE - CANDIED WALNUTS - POMEGRANATE - BLUE CHEESE DRESSING -
BABY GREENS - CORN BREAD CROUTONS
11

STARTERS

Trafford Crab Cakes

CORN SALSA - CHIPOTLE AIOLI - MICRO CILANTRO
13

New England Stuffed Quahogs

LINGUICA & PEPPER STUFFING
6

Calamari (GF)

CORNMEAL BREADED RINGS & TENTACLES - CHOURICO - CHERRY PEPPERS - CILANTRO YOGURT SAUCE
12

Seared Sesame Ahi Tuna (GF)

AHI TUNA - BABY GREENS - CREAMY SESAME GINGER VINAIGRETTE
12

Vegetable Egg Rolls

APPLE CABBAGE CARROT SLAW - ARUGULA - SWEET JALAPEÑO JELLY
12

Prosciutto Wrapped Asparagus

POACHED EGGS - HOLLANDAISE - TRUFFLE OIL
8

ON THE SIDE

Pancake

BLUEBERRY 3.5 - CHOCOLATE CHIP 3.5 - PLAIN 2.5 - STRAWBERRY 3.5

*One Egg

1

Home Fries

5

Sausage

5

Bacon

5

Ham

5

Toast with Butter

WHEAT - WHITE - BOLO - SOURDOUGH - ENGLISH MUFFIN
2

BREAKFAST

Eggs Benedict

CHOICE OF:

Crab Cakes - **Honey Maple Ham Spinach** - **Lobster**
13 12 16

Three Pancakes

MAPLE SYRUP - POWDERED SUGAR

Blueberry - **Chocolate Chip** - **Strawberry**

9

Breakfast Tacos (GF)

BLACK BEAN PURÉE - SCRAMBLE EGGS - PICO DE GALLO - LIME SOUR CREAM -
CRISPY CHORICO - QUESO FRESCO

11

Huevos Rancheros

EGGS - BLACK BEAN CORN SALSA - CRISPY CORN TORTILLAS - CILANTRO YOGURT
MELTED CHEDDAR-JACK CHEESE - AVOCADO - FIRE ROASTED SALSA - HOME FRIES

12

Chicken & Waffles

BONELESS FRIED CHICKEN - HOMEMADE WHITE GRAVY - BELGIAN WAFFLE

12

Stuffed French Toast

STRAWBERRY MASCARPONE - BACON, HAM, OR SAUSAGE

12

Breakfast Burrito

SCRAMBLED EGGS - PEPPER JACK - BLACK BEAN RAGU
PICO DE GALLO - CILANTRO YOGURT SAUCE - HOME FRIES

11

Hash & Eggs

SAUSAGE HASH - PEPPER & ONIONS - EGGS - TOAST

12

Steak & Egg Frittata

SEASONAL FRITTATA - SHAVED STEAK - SHOESTRING POTATO - SWEET CHILI GLAZE

15

Mushroom Omelet

SPINACH - GOAT CHEESE - HOME FRIES - TOAST

12

Ham & Cheese Omelet

MAPLE HAM - WHITE SHARP CHEDDAR CHEESE - HOME FRIES - TOAST

12

Tomato & Avocado Omelet

PICO DE GALLO - LIME SOUR CREAM - SLICED AVOCADO - PEPPER JACK - HOME FRIES - TOAST

12

Classic Egg Breakfast

TWO EGGS ANY STYLE - BACON, HAM, OR SAUSAGE - HOME FRIES - TOAST

8

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY. ADDITIONALLY, IF A PERSON IN YOUR PARTY HAS A SPECIAL DIETARY NEED (E.G., GLUTEN INTOLERANCE), PLEASE INFORM YOUR SERVER AT THE BEGINNING OF YOUR VISIT. WE WILL DO OUR BEST TO ACCOMMODATE YOUR NEEDS. PLEASE BE AWARE THAT OUR RESTAURANT USES INGREDIENTS THAT CONTAIN ALL THE MAJOR FDA ALLERGENS (PEANUTS, TREE NUTS, EGGS, FISH, SHELLFISH, MILK, SOY AND WHEAT).

*THESE ITEMS ARE COOKED TO ORDER AND MAY BE SERVED RAW OR UNDERCOOKED. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.